



# WEEKLY NEWS

THE OFFICIAL NEWSLETTER OF  
DAPTO ANGLICAN CHURCH

## PRACTICE GRATITUDE

REV DAVID RIETVELD

The Psalms cover many different emotions and settings. Lament Psalms are the most common, followed by liturgical Psalms, written for public worship. The third most common are Psalms of thanksgiving. Be they Psalms of personal thanks giving, or of corporate thanksgiving, or hymns designed to be sung together.

Contemporary research informs us there are tangible benefits to being thankful. For the individual this includes: increased happiness and positive mood; more satisfaction with life; less materialistic; less likely to experience burnout; better physical health; better sleep; less fatigue; lower levels of cellular inflammation; greater resilience; encourages the development of patience, humility, and wisdom.

For groups this includes: increases pro-social behaviours; strengthens relationships; may help workplace effectiveness; and may increase job satisfaction.

[<https://positivepsychology.com/benefits-of-gratitude/>]

If being thankful is good for our psyche, how much more true is this for Christians? We have a good God who cares for us. Gratitude ought to be the most natural of responses for us. Gratitude honours God, and nourishes our souls.

Ours is culture that creates discontent. I will be happy if I have the next thing. This is a never ending treadmill. So, this week, if you catch yourself being discontent, practice gratitude. Individually, and corporately. Ask others around the dinner table what they are thankful for.

Give thanks to the Lord, for he is good; his love endures forever.... for he satisfies the thirsty and fills the hungry with good things. (Ps 107:1, 9).

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# DSSB PIE DRIVE

The Dapto Schools Scripture Board is holding their annual Pie Drive to raise funds to support Scripture being taught in our local high schools. The pies are family-sized, \$10 each and there are 3 flavours: Beef, Beef and Potato or Apple.

If you would like to order a pie, print out the order form (found at the bottom of this email), fill it in and return it to the church office (Tuesday - Thursday). You can transfer money to DSSB or drop cash into the church office.

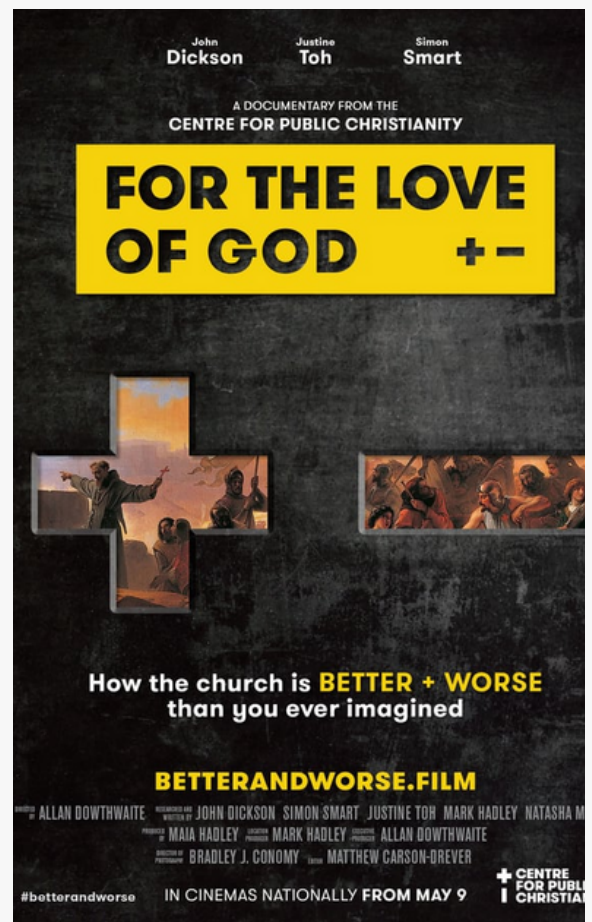


# FOR THE LOVE OF GOD

What a carpenter from Nazareth said about God and claimed about himself, has been the cause of some of the greatest tragedies and divisions in the last 2000 years, but it has also been the cause of some of the greatest goods freedoms that we have ever seen. Last week, over 3 sittings over 150 people gathered in our church to watch John Dickson's documentary on the church in human history, "For the Love of God: How the church is better and worse than you ever imagined".

It was an enriching time as the documentary explored the times throughout history that the church has played "in tune" with the beautiful piece of music Jesus has written, as well as the times the church has forgotten the story to which we belong and played "out of tune".

Please pray for us that we and the wider church in these times might play well, play beautifully and play faithfully to Christ's world.



# PRAYER FOR TODAY

Merciful Lord, grant to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Jesus Christ our Lord. Amen.

## PRAY FOR OUR CHURCH FAMILY

### **PREGNANT WOMEN**

Amy M. (10am), Ainsley R. (7pm), Erin K. (7pm), April A. (7pm), Katie C. (7pm) and Kasey D. (10am).

### **GRIEVING**

Robyn and Neville K, following the death of Robyn's sister, Yvonne. Private funeral today, Thursday.

David H. (8am) and his sisters are grieving the loss of their mother, who died on Tuesday. Pray for the family as both Dad and Mum died 10 days apart.

### **VILLAGES/NURSING HOMES**

Helen S., Bruce M., Diana M., Kath H., Ella H., Jean D., Lorna B-W., Glenys N., Barbara B., Barbara L.

### **8AM/2PM**

Maya D. - recovering at home from surgery. Doreen B., Helen K., Gordon M. - all recovering. Dianne L. - waiting for more tests. Pat W. son Antony and Anthony's fiancée, Sue K. - all struggling with health.

### **9:30AM**

Trish G - recovering after having a fall in her home.

### **10AM**

Ronnie V.K., Michael E., Janelle S., June C., Michelle S. - all ongoing conditions and treatment.

### **7PM**

Shaina J. son, Roman, waiting for appointment. Pray for good health while waiting. Billy H- chemo treatment. Gary M- ongoing health problems.

## SAFE MINISTRY



Dapto Anglican Church is committed to Safe Ministry Practices.

If you have a question or concern, we are here to help.

Please contact:

- Julie Houghton, Parish Safe Ministry Representative, by confidential email [safeministry@daptoanglican.org.au](mailto:safeministry@daptoanglican.org.au) or through our church office on 42611001
- Anglican Abuse Report line on 1800 774945





# Pie Drive Order Form 2020

All pies \$10

Orders and payment due by 20/09/2020

FLAVOUR	QUANTITY
Beef	
Beef and Potato	
Apple	

Please make payments to Dapto School Scripture Board:

Acc # 225787

BSB: 032-686

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Include last name and church reference in payment:

Eg. RIETVELD Pies DAC

Paid via Cash or Bank Transfer?

If you are wanting to pay in cash, please drop your money into the DAC office Tuesday, Wednesday or Thursday, 9am till 4pm.